

Oak Primary School  
Physical Education  
Long Term Plan 2018/19



	1 8 weeks (3 days 6 weeks 4 days)	2 7 weeks	3 6 weeks	4 7 weeks	5 4 weeks	6 7 weeks
<b>Year 1</b>	<b>Movement Skills – Project Sport</b> 1:00 – 2:00	<b>Dance - Lauren Tibbott</b> 1:10 – 2:05 2:05 – 3:00	<b>Games – Project Sport</b>	<b>Gymnastics</b>	<b>Athletics Skills - Project Sport -</b>	<b>Games</b>
<b>Year 2</b>	<b>Movement Skills – Project Sport</b> 2:00 – 3:00	<b>Games – Project Sport</b> 1:30 – 2:20 2:20 – 3:10	<b>Dance</b>	<b>Games</b>	<b>Athletics Skills - Project Sport</b>	<b>Gymnastics</b>
<b>Year 3</b>	<b>Movement Skills – Project Sport</b> 1:00 – 2:00 2:00 – 3:00	<b>Football – Project Sport</b> 1:00 – 2:00 2:00 – 3:00	<b>Gymnastics – Project Sport Hopefully!</b>	<b>Outdoor and Adventurous Activities – Project Sport</b>	<b>Dance and Tennis</b>	<b>Hockey</b>
<b>Year 4</b>	<b>Rugby</b>	<b>Gymnastics</b>	<b>Netball</b>	<b>Dance</b>	<b>Athletics</b>	<b>Cricket</b>
<b>Year 5</b>	<b>Dance – Space Lauren Tibbott</b> 1:30 – 2:20 2:20 – 3:10	<b>Hockey</b>	<b>Football</b>	<b>Gymnastics</b>	<b>Tennis</b>	<b>Athletics-</b>
<b>Year 6</b>	<b>African Dance</b>	<b>Cricket</b>	<b>Netball</b>	<b>Rugby</b>	<b>Gymnastics</b>	<b>Athletics/Goal Ball</b>

Where Project Sport have been indicated as working with your year group, please note that they will not be in for the first and last week of each full term. This is also the case for Lauren Tibbott our Dance coach.

**Heads of Year to organise a rota for classes so that all classes experience some coaching**